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How the Grinch Stole Our Hearts Behind the Timeless Christmas Tale

As regularly as Rudolph does, the Grinch appears on our television screens every December. Despite his negative attitude and nefarious intentions, the protagonist of "How the Grinch Stole Christmas!" remains a family favorite more than 60 years after the animated TV special first aired.

The Grinch's transformation into a cultural icon began with a 1957 children's book. Author Dr. Seuss had recently experienced great success with "The Cat in the Hat" and was a hot commodity. He published "How the Grinch Stole Christmas!" later that same year, and the black-and-white book was an instant smash. The story might have ended there if Dr. Seuss had his way.

Dr. Seuss was protective of his creations and didn't trust them in anyone else's hands, but his



filmmaker friend, Chuck Jones, eventually persuaded him to reconsider. Still, the story required some changes. Jones assigned the Grinch his signature green color, and the Grinch's dog, Max, was given a more prominent role to increase the special's runtime. But the songs were the most important of all.

The TV special contains nine total musical numbers, the most famous featuring lyrics only Dr. Seuss could have written. "You're a Mean One, Mr. Grinch" is a hilariously clever song and a highlight of the program. The filmmakers also secured a big win in the voice talents of horror movie legend Boris Karloff, who provided an alternately sneering and tender tone to the production.

Thanks to its full animation technique featuring 25,000

drawings, Variety says "The Grinch" may have been the most expensive television special made until that time. Later, Hollywood upped the ante with a live-action adaptation in 2000 and an animated full-length film in 2018. Both movies were box office successes, but neither has overtaken the 26-minute TV special as our favorite way to enjoy the Grinch.

Why does the Grinch endure? Dr. Seuss based the character on himself, so it may be that there's a little bit of the Grinch in all of us. Unlike that other well-known holiday-hater Ebenezer Scrooge, he gives those who aren't full of Christmas cheer a favorable mascot. The Grinch's wild schemes and comical complaints are more fun than menacing, and his story produces a reliably happy ending. As its greatest gift, an annual viewing can leave even the most hardened Grinch feeling as if their own heart has grown a size or two.

If you are a medical professional or a lawyer practicing in another area of law, we welcome you to refer your patients or clients. We know you want the best for your patients and clients, and so do we. Call us today at 505-207-0144 or visit HurtCallBert.com for more information on our services.

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**BERT'S
BUZZ**
NOV/DEC. 2022

Making the World a Better Place

Committed to Searching for the Truth

I have always felt helping others was my calling. Growing up, I was sort of the anti-bully of my school, and I would stand up for those who couldn't defend themselves. So, since I had that passion so young, it has continued to grow with me.

I spent 23 years in law enforcement, and for 21 of those years, I was a New Mexico State Police officer, which I truly enjoyed. During that time, I taught crash investigation courses at the state police academy for 10 years, and my passion for teaching helped ensure my officers conducted thorough investigations, not just writing up reports.

I joined the Parnall Law team in August as an investigator, and my position entails looking at the crash or incident to find all the pertinent details to help our clients move their cases forward. The parties involved in these crashes may be disoriented or biased, so it's my responsibility to find the truth behind it.

I'm committed to finding the actual details and facts because sometimes police officers can get certain aspects incorrect, or witnesses who think they have seen everything may have only seen a small part of it. They may have heard the incident before actually seeing it, and

in their minds, they're trying to imagine how it must have taken place. So, we must break down all that and figure out what happened.

When I was teaching, I would read through reports to see what level my officers and investigators were at so I could determine what they needed to learn to achieve the best results possible. We owe it to the clients to get it right.

A big part of what Parnall Law does is search for the truth, and I respect how helpful everybody is. We are a tightknit family and work so well together.

In my training, they incorporated everyone's positions and responsibilities, so I learned what we all do together and why we need specific roles to move cases forward. Our roles give us a better understanding and appreciation of what has to be done for the clients.

When I'm not working, you may find me on the mountain trails in Albuquerque, running, cycling, or spending quality time with my family. I have a wife of 41 years, three adult children, and three adult grandchildren! My oldest son and his wife recently had their first child, making four grandkids now!



I'm writing a book about my son, who experienced a tragic event nine years ago. He was a guitarist and suffered a stroke during an intermission at his concert. But, if you were to see him today, you would never know because he has recovered that much! It's so exciting to see all the extraordinary accomplishments he has made thus far.

He lived with my wife and me for a year after the incident, and I spent every day working with him to recover faster and stronger. The stroke caused him to lose the ability to use his right side, so he had to relearn everything. He had to make some tough life choices, and since then, he's become a deputy with Bernalillo County! I'm so proud of how far he has come, and I'm so excited to see him step into this role as a new father.

So, not only do I enjoy helping clients, but I enjoy helping my team at the firm, my family, my friends, and even strangers in need. My whole life goal has been to help make the world a better place and help others succeed, and I will most likely continue that path as long as I am able.

-Rick Anglada

Too Hot to Handle

The Celebrity-Ridden History of Parental Advisory Labels

Besides '80s hair, it's hard to imagine what Prince, Dee Snider, and Tipper Gore have in common. But they all played a pivotal role in the parental advisory stickers that eventually dotted CDs for decades. Parents once had to listen to their children's preferred music to determine whether or not it was objectionable — but that all began to change in 1985.

The star-studded saga started when then-Sen. Al Gore's wife gave her daughter a copy of Prince's smash-hit album "Purple Rain." But she was shocked by the lyrics of one song, "Darling Nikki." Unlike most parents, Tipper Gore had the political connections to take action. She co-founded Parents Music Resource Center (PMRC) with other so-called Washington wives. They promptly began a crusade to put warning labels on explicit record albums.

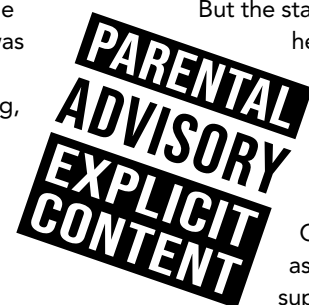
The PMRC contacted individual record labels and requested a classification system with different markers for violence, profane language, and sexually explicit content. The Recording Industry Association of America (RIAA) extended an olive branch by suggesting a generic one-size-fits-all advisory label. But PMRC refused and used their connections to secure a hearing in Congress instead.

The goal of the hearing was not to pass any law; it was to

put pressure on the RIAA to change its tune. But the event became a televised spectacle when musicians appeared on Capitol Hill to defend free speech. Avant-garde rocker Frank Zappa declared the hearings a waste of time and that politicians' wives abused their power. Meanwhile, Daniel "Dee" Snider, lead singer of the heavy metal band Twisted Sister, arrived sans lipstick to speak eloquently about how lyrics are open to interpretation and often impossible to classify.

But the star witness of the hearings turned out to be the mellow singer-songwriter John Denver. With his clean-cut image, Congress had assumed he would support the PMRC's demands. Instead, he presented an impassioned monologue about differing opinions on what can be considered offensive and warned Congress of the dangers of censorship.

Ultimately, neither side got what they wanted. The RIAA moved forward with an industry system of generic warning labels that read "Parental Advisory: Explicit Content." Ironically, the prominent sticker became a badge of honor among many music fans and an effective marketing tool for record labels. These days, warnings still appear on streaming services, but with CD sales at rock bottom, those infamous parental advisory labels are essentially a relic.



Light Up Your Luminarias!

Spark Some Creativity With the Whole Family

Every holiday tradition helps us create memories we can cherish for a lifetime. During December, plazas, churches, homes, and businesses across New Mexico are lit with luminarias! A luminaria or *farolito* is a small paper lantern typically weighed down with sand and has a candle placed inside it to light up the rooftops, driveways, and sidewalks.

Luminarias first appeared in history around the 16th century. People used these festive lights to guide people to midnight mass on the last night of Las Posadas (the Spanish word meaning lodging or inn). Las Posadas is a nine-day celebration that began in Spain. However, it is now a holiday tradition celebrated primarily in Mexico and the U.S. Southwest.

The nine days represent the nine months of pregnancy and the last night represents Mary and Joseph's search for lodging in Bethlehem. The original lights were bonfires, but today's family traditions continue as holiday lights to guide travelers (or guests) to their destination.

As luminarias have gained popularity as a holiday tradition through the years, more products have made it to market and expanded beyond Christmas. You can also get bags for Halloween, Independence Day, and almost any outdoor event!



You can even make your own luminarias by buying paper lunch bags, tealights (or battery-operated lights for a safer option), and sand at your local grocery or hardware store! Another option is to punch holes into used metal cans — 14-ounce soup cans tend to work the best.

If that weren't enough, you could search for your favorite colors and cut-out bags online. The options are limitless! It's a great way to get the whole family involved in this unique holiday tradition and let your creativity shine.

Across the state, neighborhoods have even coordinated to light their luminarias together and warm the community with their beautiful, traditional festive lights. Although some may argue that electric lanterns are no substitute for the warm glow of a real flame, whichever luminaria you choose is sure to light the night in the darkness of winter.



Want to join forces with an already dynamic, experienced, and reputable team?

Parnall Law — "Hurt? Call Bert" — is the largest plaintiffs' injury law firm in New Mexico. We have attorney openings and are looking for self-motivated candidates who are enthusiastic and confident team players in an energetic and collegial environment.

Parnall Law was recently voted "Top Workplace" (2020–2022) by the Albuquerque Journal, and "Best Places to Work" (2019–2021) by Albuquerque Business First!

So, what are you waiting for? Start your exciting and lucrative new career today!

APPLY TODAY!
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Inspired by RecipeTinEats.com

Best Pork Roast



Ingredients

- 4 lbs pork shoulder/butt
- Salt and pepper, to taste
- 7 tbsp unsalted butter
- 1/2 cup brown sugar
- 1/4 cup cider vinegar
- 4 garlic cloves, minced
- 1/4 tsp salt
- 1/4 tsp pepper

Directions

1. Preheat the oven to 320 F.
2. Season pork with salt and pepper and set aside.
3. In a saucepan over medium heat, add butter, sugar, vinegar, garlic, salt, and pepper. Stir to combine ingredients and wait for the sugar to melt completely. Remove from heat.
4. Line roasting pan with foil and then parchment paper. Place pork on top of the parchment. Pour half of the sauce over the pork, cover with foil, and bake for 1 hour and 15 minutes.
5. Remove from oven, remove foil, and flip pork onto the other side. Spoon the rest of the sauce over the pork, and cook uncovered for 20 minutes or until the pork is golden brown.

Write It All Down!

A Pain Journal Can Help Your Personal Injury Case

After an accident, it is normal to feel confused and lost about what can help your personal injury case. One of the most beneficial things you can do is to keep a pain journal. A pain journal is a written record personal injury victims can keep, providing details about the pain and other information about injuries and the accident.

What should you write down?

Your pain journal may be shared with others, like the at-fault insurance company. It is essential to keep this in mind when making notes in it, as it is subject to discovery by the other party in your claim.

The first notation you should include in your pain journal is a summary of the accident. You can include the following details:

- The other driver's name, insurance information, and contact information
- When, where, and how the accident happened
- Witness contact information
- Any statements the other party made at the scene of the accident
- Evidence gathered at the scene of the accident
- Whether any nearby cameras might have recorded the accident

You also want to keep track of any information regarding your injuries, such as:

- The injuries you sustained and the pain ratings

- When you first noticed symptoms, and what kinds
- The dates of your medical treatments and names of your medical providers
- Your medical bills
- How your injuries progressed over time and the side effects of treatments

Consider using your pain journal to describe how the accident has affected your everyday activities, such as:

- Missing time from family or friends
- Needing more help at home or taking care of your kids
- Not being able to enjoy usual hobbies
- Losing sleep because of your stress or pain

How does a pain journal help?

Keep your pain journal as detailed as possible! In turn, you won't have to worry about remembering the necessary details about how you felt, your pain levels, or how your daily activities were limited. This can help you accurately remember specific information about your case in court or at a deposition, thus providing evidence to support your claim.

If you have questions regarding what kind of details to include in your pain journal, reach out to a Parnall Law personal injury attorney at 505-207-0144 so you don't have to go through the claims process alone!